Principal’s Message
Welcome to week eight at Seaham Public School. Don’t forget our special day next Thursday, 24 March which includes a Harmony Day Classroom Activity, followed by a cultural lunch. Thanks to the canteen committee. The Easter Hat Parade will kick off in the hall straight after break one, at 12pm and conclude at approximately 1pm. Please note the slightly later start of 10.15am for the open classroom. Remember, students can wear something orange and of course don’t forget the Easter hat.

Student Welfare Policy: Our student welfare policy has been updated in response to the implementation of PBL (Positive Behaviour for Learning) this year. The policy has been added to our website under the “Caring for Student’s” banner. The new additions and adjustments have been highlighted in red and I will using the next P&C meeting on 6 April to discuss it further.

School Uniform: One of our PBL expectations is to “wear the correct uniform”. Next week our PBL lesson will be around what is our correct uniform. At the recent school parliament students raised the issue “to wear joggers on days other than sport days”. As Governor General, I have agreed that students can wear black joggers, with black laces on days other than sport days along with white or grey socks. Multi coloured or fluorescent joggers and laces are not appropriate as part of our “normal day” uniform.

Harmony Day: Please see the details below for next Thursday’s Harmony Day Celebrations. Families are welcome to take their children after the Easter Hat Parade. Please ensure that you notify the student’s teacher and sign the children out at the office on the register that will be provided. All family, extended family and friends are welcome to attend.

When: Thursday, 24 March
Activities: Open Classrooms at 10.15am
Cultural Feast from 11.00am (orders need to be submitted by tomorrow)
Easter Hat Parade from 12pm (in school hall)

High School Expression of Interests: Expression of Interest forms for students in Year Six moving into high school next year are due back to our school office by tomorrow, Friday 18 March. If you are needing any assistance with completion of these forms, please contact our office.

SMS Emergency Messaging: Yesterday a test only message was sent via our SMS Emergency Alert to our families that have responded to the request for a nominated mobile number to be added to this data base (only one per family permitted). Please note this message is a one way message only, which means that you cannot respond via text message. Unfortunately we have only half of our school families that have responded to this request. If you have not to date supplied the office with the SMS note, please do so. Thank you in advance.

Due to enrolled children’s life threatening Anaphylactic Allergic reactions to all nuts and peanut products, we would like to encourage families not to send these products to school with their children. These include peanut butter, nutella, sesame seeds, loose nuts, muesli, nut or chocolate bars or any products containing any type of nuts. We appreciate your support in this matter.
Canteen News: Just a reminder to families to submit the orders for the “Multi-Cultural Feast” by tomorrow, Friday 18 March. Please see the attached order form.

Canteen Closure: The school canteen will be closed on Thursday 31 March due to the Athletics carnival.

Easter Raffle Prize Donations: Thank you to our families for their donations for the upcoming Giant Easter Raffle. Last minute donations of chocolate, candy or soft toys are still being welcomed and can be placed in the large plastic tub in the school foyer.

Easter Raffle: Raffle tickets are still on sale. If you would like to be included in this Easter celebration, please complete the Easter Raffle Sheets and return to the office by next Monday, 21 March. Please complete the buyers details on the ticket (buyers do not receive a ticket). Tickets are 3 for $5 ($20) or $2 per ticket ($24).

What is Bullying?: Bullying affects everyone. The person being bullied, the person bullying and bystanders can all have negative outcomes from bullying incidents. These negative outcomes can affect the person later in life. Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert).

Bullying is NOT:
- mutual arguments and disagreements (where there is no power imbalance)
- not liking someone or a single act of social rejection
- one-off acts of meanness or spite
- isolated incidents of aggression, intimidation or violence.

What can parents do? Research shows that talking to your child for at least 15 minutes a day can build a strong relationship and foundation of trust so that they can come to you for support. Don’t feel like you need to always have the answers. Knowing where to look for more information is all that is needed. Even when you think your child is not listening, they probably are and usually take some of what you say with them. It is important to model healthy and safe conflict resolution for your child, talk openly and honestly about positive communication and be sure to praise your child when they exhibit these skills.

What to do if your child has been involved in a bullying incident!:
- Was there something they could have done differently? Sometimes adults can identify strategies that could have been used earlier to resolve the issue. Discussing this with your child is important so any future issues can be resolved more effectively.

Don’t tell your child they were right even when they were not. They know the difference and this approach may stop your child from seeking out your advice or support in the future. They are looking for your honesty and guidance. It’s also important to help build resilience in your child. Is this a case of bullying or is it a friendship issue? – review the points at the top of the article. Is this a one off incident? Is this a mutual disagreement with no power imbalance? If you answered YES to these questions then this is not bullying. Supporting your child to develop positive communication skills and knowing when to walk away for a break from some friendships is important. Is there a way they can try to resolve the situation, in a positive way, themselves?

Canteen Roster

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
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<tbody>
<tr>
<td>Friday 18 March</td>
<td>Mandy Collins</td>
</tr>
<tr>
<td>Monday 21 March</td>
<td>Sandra Batchelor</td>
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<tr>
<td>Tuesday 22 March</td>
<td>Shirley Eden</td>
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<tr>
<td>Wednesday 23 March</td>
<td>Allison Taylor</td>
</tr>
<tr>
<td>Thursday 24 March</td>
<td>Peta Salter</td>
</tr>
<tr>
<td>Friday 25 March</td>
<td>Nat Meehan</td>
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App that may help: Take a Stand
Premier’s Reading Challenge: The Premier’s Reading Challenge has begun for 2016. The Reading Challenge aims to encourage reading for enjoyment as well as to read a set number of books in a given time frame. Students are to complete their online Student Reading Record by 19 August, 2016. Seaham Public School has participated in previous years, with students receiving a certificate on completion. In 2016, we encourage all students to participate in this enjoyable event. Students have access to a variety of books in the school library which are linked to the Premier’s Reading Challenge. Kindergarten students will also have access to a range of Premier’s Reading Challenge books in the classroom and their records will be maintained at school. Notes have been sent home today for completion and must be returned to class teachers. Please contact Ms Lowcock in the Library if more details are required.

Clean Up the Playground: Tomorrow is our annual Clean up the Playground day. Please bring your gloves and garbage bags. A Clean environment is a happy environment.

Athletics Carnival: Our Athletics Carnival is approaching quickly and will be held, Thursday 31 March at Vi Barnett Field in Raymond Terrace. Notes (on blue paper) were sent home yesterday requesting carnival helpers. We understand that families love to watch their child/ren in all events, however, without family involvement, a successful carnival is not possible. There are many events that need to be completed to enable students to try out for the Zone Carnival. Being only a small school means that we do not have enough staff to man all events, time events etc, which is why we need to ask for assistance. Please complete the blue note and nominate your preferred age group. Thank you in advance for the ongoing support our school community continually offers our school. Permission notes will be sent home next week for the carnival. Please note that all Years 3-6 are expected to attend the carnival. Students turning 8 years of age by 31 December 2016, are also eligible to attend.

New Garden: Thank you to two of our wonderful mums, Angela Bowden and Nat Meehan, who have along with David Wells our General Assistant created a fantastic garden along the fence at our school hall. This has beautified the surroundings and we now need assistance from all of our students to respect and appreciate this space. Thanks Angela and Nat.
On Monday, our Years 1 & 2 students walked to Seaham Church and Tom’s Cottage as part of their HSIE unit, “The Past in the Present”.

They learned about the history surrounding St Andrews Church and Tom’s Cottage.

Thank you to all the teachers and staff involved in making this an exciting adventure for our students. The students loved learning about the history of Seaham.
Seaham Preschool

Seaham Preschool is a community based not for profit service.

What we are known for:

- Providing play based education for children aged 3-5 years
- Being open Monday to Friday extended hours of 8am-4pm
- Closing every school holidays and gazetted public holidays (no charge for these times)
- Offering reduced fees for Indigenous families and health care card holders
- Offering Government reduced fees for 4 and 5 year olds (turning 4 on or before 31st July)
- Are within a rural setting on 1.5 acres
- Have many community links and support
- Have a close and professional relationship with our families, community and local school.

Call in to visit us or phone to enquire.

We are located at: 10 Torrence Street, Seaham
Ph: 02 4988 7126
www.cscommunity.org.au
The Canteen Committee is holding a Multi-cultural Feast and Red Day on Harmony Day Thursday 24 March 2016. To assist with catering, please return your order form and payment to school by **Friday 18 March**. Please order for all the members of your family attending Harmony Day. Students and families will need to bring their own lunch if they do not pre-order a meal. We have organized a menu to reflect Harmony Day. The canteen will be open for drinks snacks at second break. Gelato cones will be available for counter sales for $2.50.

**Thank you - The Canteen Committee**

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**Special lunch Harmony day order form**

This year we will deliver all orders to each students class. All parent orders will be delivered to the eldest child’s class. Please return the order form and payment to school by **Monday 18 March** to assist with catering. **Only one order form per family please.**

**Student Family Name/Names:** ________________________________

**Student Christian Name:** ____________________________ **Class:** __________________

**Student Christian Name:** ____________________________ **Class:** __________________

**Student Christian Name:** ____________________________ **Class:** __________________

**Student Christian Name:** ____________________________ **Class:** __________________

**Student Christian Name:** ____________________________ **Class:** __________________

**Parent Name:** ____________________________ **Eldest Student’s Class:** __________________

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<thead>
<tr>
<th>Item</th>
<th>Price</th>
<th>Number of</th>
<th>Total</th>
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<tbody>
<tr>
<td>Sushi (Chicken or seafood)</td>
<td>$4.50 each</td>
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<tr>
<td>Tacos (Beef or Bean) Served with salad</td>
<td>$4 each</td>
<td></td>
<td></td>
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<tr>
<td>Lasagne (Beef)</td>
<td>$4.50 each</td>
<td></td>
<td></td>
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<tr>
<td>Middle Eastern Plate (vegan)</td>
<td>$4 plate</td>
<td></td>
<td></td>
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<tr>
<td>Paella</td>
<td>$4.50 plate</td>
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<tr>
<td>Pavola</td>
<td>$3.50 each</td>
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<td><strong>Total</strong></td>
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**Total Payment enclosed** $_________
Tickets $2.00 each or 3 for $5.00
Each family pack of tickets is valued at $20.00 if purchased at 3 for $5.00.

Please return these sheets with your payment to the school office by Monday 21 March 2016
Tickets $2.00 each or 3 for $5.00
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Please return these sheets with your payment to the school office by Monday 21 March 2016

NAME: ........................................
Phone: ..................................

Giant Easter Raffle
Drawn: Thursday 24th March 2016